



The **NUTRIAGE** project is co-financed by the European Regional Development Fund (ERDF) through the Interreg **Program V-Spain-Portugal** (POCTEP) 2014-2020.

Project Partner

- Consellería de Política Social da Xunta de Galicia
- Universidade de Santiago de Compostela (USC)
- Universidade Católica Portuguesa
- Asociación Clúster Alimentario de Galicia (CLUSAGA)
- Associação Integralar (PortugalFoods)
- Asociación Nacional de Fabricantes de Conservas de Pescados y Mariscos (ANFACO)
- Instituto Politécnico de Viana do Castelo
- Fundación Instituto de Investigación Sanitaria de Santiago de Compostela (FIDIS)
- Santa Casa da Misericórdia do Porto.



Instituto Politécnico de Viana do Castelo



"NUTRIAGE: Advanced Solutions for a Healthy Aging through Nutrition aims to generate solutions in research and innovation"

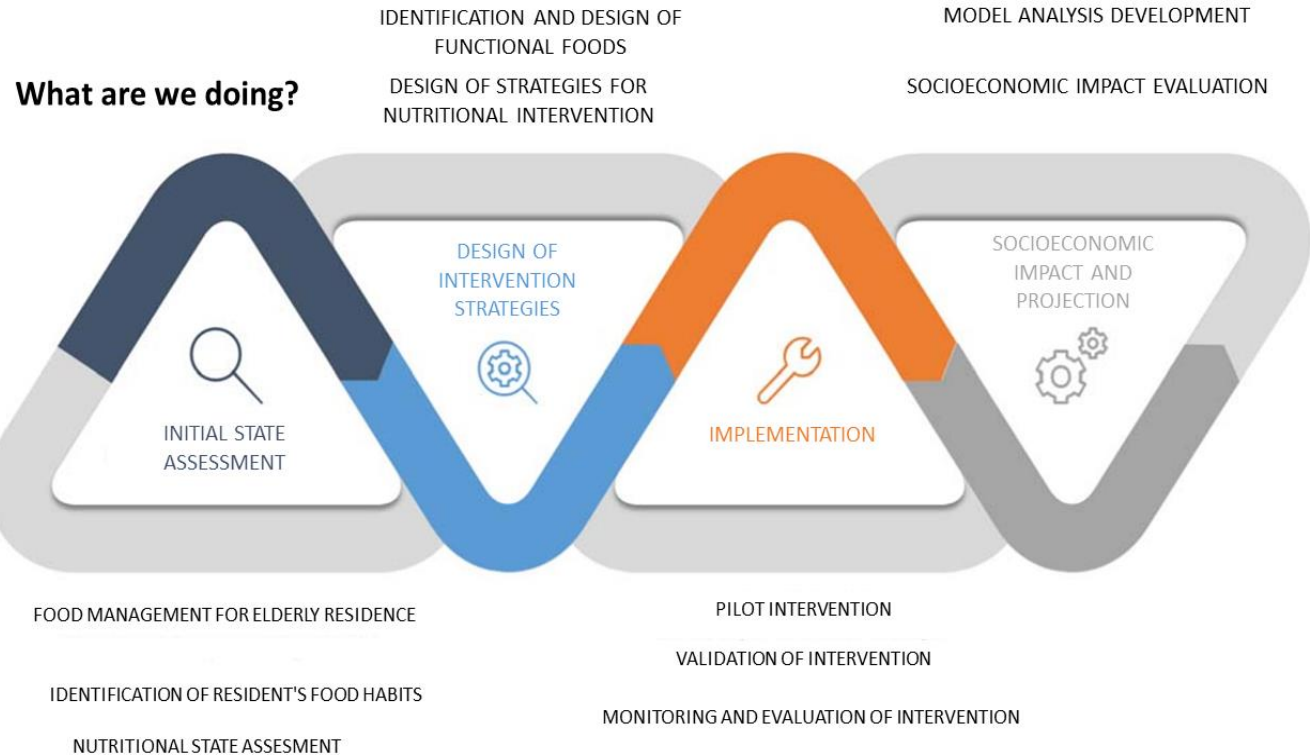


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ASSESSING THE CURRENT SITUATION

1. Knowing the risk and prevalence of malnutrition in elderly people
2. Assessing the possible relationships between diet and metabolic pathology in elderly people.
3. Assessing the relationships between malnutrition and neuro-cognitive functions.

A Cross-border Multidisciplinary and Intersectoral Network bringing together researchers from different disciplines, nutritionists, clinical personnel, assistance services, administration, business associations, food-production businesses, etc.



The objective of the project is to ensure a healthy aging through the evaluation, study and design of personalized nutritional strategies based on traditional **Atlantic food** and the development of **new food products** that optimize the nutritional status of the elderly and prevent their functional and cognitive decline.

Generating capacities in **R&D** that favor the improvement of the quality of life of the elderly from nutrition, reinforce the sustainability and efficiency of the health system and encourage growth and the generation of new business opportunities for the agri-food industry.